

Mission Possible 5K Run/Walk

Saturday, May 18, 2019

Start: 9:00am, St. Dominic Lower Level Parking Lot

Registration: 8:00am – 8:45am in St. Dominic Lower Level

Fee: \$20.00 by April 30th, \$25.00 after April 30th. The Mission group will also accept donations to their cause or corporate sponsors for the event – please call Therese Smiens 612-310-4030.

Make checks to: St. Dominic

Mail completed forms and checks to: St. Dominic Parish Office, 216 Spring St. N.

Proceeds: Proceeds to benefit the Saint Dominic Youth Mission Program.

Short sleeve t-shirts: For the first 100 participants to register for the run.

Time: No official times will be kept, but race clock posted at finish.

Directions: From I-35, take Hwy.19 East for 7 miles into town. Take a left on Highway 3, take a left on Spring Street, lower lot will be on the left.

Information: Contact Therese Smiens (612) 310-4030 therese_smiens@yahoo.com or Rick Nelson rickenelson1209@gmail.com

Name _____ Age race day _____

Address _____ Sex M F

City _____ State _____ Zip _____

Email Address: _____

T-shirt Size: **Adult** – S M L XL 2XL or **Youth** - M 6-8 L 10-12 (circle one please)

I hereby release and discharge the Church of St. Dominic, race sponsors, their agents, employees, members and officers from all claims, demands and actions which I may have or my heirs, executors, or assigns may have against them for all personal injuries and injuries to personal property caused by or arising out of the Mission Possible 5K run/walk. I have read and release and understand all of its terms. I acknowledge the inherent dangers involved in running. I accept responsibility for the risks involved in running, including the possibility of incurring injuries caused by other participants, motorists, the rigors of the sport, the road and weather conditions. I voluntarily execute this release with full knowledge that I will not be able to hold any of the foregoing entities liable for such injuries or death. I understand entry fees that I pay are unrefundable.

Signature: _____ **Date:** _____

Guardian signature: (If runner is under 18) _____



St. Dominic Catholic Church